



## Our Mission

- Building leadership through Christian education; transforming lives, impacting society for positive change.

## Our Vision

- A first-class Seventh-day Adventist institution, building servant leaders for a better world.

## Our Core Values

- Excellence
- Integrity
- Accountability
- Servant Leadership,
- Team Spirit
- Autonomy & Responsibility
- Adventist Heritage

## QUOTE OF THE WEEK

“The most valuable gift you can give to your children is not money; it is the ability to think positively.”  
- Mary Kay

## PICTURE OF THE WEEK



Prof Fapohunda receives certificate from Prof Iheanyi Okoro at the end of the ACURET workshop.

## CAPACITY BUILDING

The New HIV Vaccine and Microbicide Advocacy Society, **NHVMAS** recently wrapped up a three-day training programme targeted at members of the Babcock University Health Research Ethics Committee, **BUHREC**.

The training with the theme, **“Human subject protection, protocol review and community engagement in research for researchers,”** drew facilitators from Federal Universities and parastatals. These include Drs Morenike Ukpong, a pediatric dentist with the Obafemi Awolowo University, Ile-Ife,

and K.S. Oyedeji of the Nigeria Medical Research Institute, Lagos, as well as Professor Ademola Ajuwon, Dean of Public Health, University of Ibadan.

At the opening session, Senior Vice President and Provost, College of Health and Medical Sciences, Professor Iheanyi Okoro, represented by the Dean of School of Postgraduate Studies, Professor Ademola Tayo, said the BUHREC would soon be equipped and positioned to improve research activities in the university.

This is to ensure that institutional research is placed on a higher pedestal in compliance with global best practices and to engender development both locally and nationally.

The training covered several areas including, History and Evolution of Research Ethics, Principles of Research Ethics and Applications, and Community Engagement in Research.

Others focused on constructive feedback, research integrity and scientific misconduct and responsibility of researchers to study. There were also group discussions as participants shared experiences from the field.

## CLINICAL DEVELOPMENT



**Work in progress:** The Administrative Block

**B**arring any further hiccups, the Babcock University Teaching Hospital, would be wearing a new look as contractors race to meet the deadline for the completion of the new administrative block and Clinical Sciences building by the end of October.

According to the project contractor, CivBuild Nigeria Limited, nothing is being left to chance as work progresses to meet the new target date for completion.

Engineer Oluwaseun Omotosho of the University's Physical Planning depart-

ment, project supervisor, said plastering, and roofing as well as other finishing touches are now in progress. Besides, door installation and roof carcasses have been put in place while floor tiling would soon commence.

Architect Sunkanmi Adetunji expressed optimism that the N182-million worth office complex would be delivered on schedule. The edifice comprises 37 offices, two libraries for undergraduate and postgraduate students, a boardroom, two seminar rooms and research laboratories.

Besides providing a conducive learning environment for students of the College of Health and Medical Sciences, it would also boost the University's drive for infrastructural development and advancement.

## SCIENTIFIC RESEARCH

**H**ow much effort should we put into avoiding suffering and harm to animals while promoting science? This was the kernel of Francis Fakoya, a Professor of Histology and Cell Biology at St. George's University School of Medicine's paper, *Humane animal care and Use for scientific purposes in Developing countries* at the 2nd International workshop organised By Babcock and Animal Care and Use in Research, Education and Testing **ACURET**. Fakoya said **3Rs**: Replacement, Reduction and Refinement have become the global best practice of scientific research on animals from the legal, ethical and scientific standpoints. From the legal standpoint, he said "search must first demonstrate whether there is al-

ternative; and that the number of animals used, and any suffering caused, will be kept at a minimum.

From the ethical position, he said there is a moral obligation in any humane society to ensure that any harm caused is kept to an absolute minimum.

"Minimizing suffering is the responsibility of all those involved in the use of animals in research, including the institutions the researchers involved in the studies," he said.

The scientific reasons, according to him, note that animals are housed, handled and used in scientific research as not to



**Tete a Tete:** Profs Okoro and Fakoya at the animal care workshop

affect their physiology, immunology and behaviour. For example, even something as simple as holding an animal can affect its blood pressure and the level of some hormones. This, in turn, can affect the validity and reproducibility of any data obtained.

Minimizing the impact of the research on the animals is therefore imperative for science and animal welfare.

Nigerians should always “do whatever they accepted to do well.” This summed up the counsel of Permanent Secretary, LTV 8, Elder Lekan Ogunbanwo at the public presentation of a book, **God’s Footprints**, in Lagos.

Authored by international evangelist and Babcock University’s Church Pastor, Dr. Tunde Ojewole, Ogunbanwo, said **God’s Footprints** was more than a companion and guide in every home and an opportunity for gifts as the season of giving draws closer.

He said people should also be mindful of the kind of footprints they want to be remembered for when duty calls.

Dr Zach Babarinde who presented the book on behalf of Pacific Holdings chairman, Dr Adedeji Adeleke, commended the author for his insightful thoughts and requested guests to ensure they don’t leave without buying at least a copy.

“Let us appreciate the work of God in the people that have done a good work by picking one book along,” he advised.

Guest of Honour and Group Managing Director of Diamond Bank, Dr Alex Otti also commended the author for putting his thoughts together.

He said it is an investment down the drain if any published work did not get to people. He bought 50 copies at an undisclosed figure.

“The idea is to get the book to the people who will not simply place it in the



Support for book launch: Ogunbanwo, Babarinde, Dr Otti and spouse

## GOD’S FOOTPRINTS LAUNCHED

library but read them,” he added.

Similarly, former Minister of Power and Steel, Elder Wole Oyelese also bought 10 copies without disclosing the sum.

“The good Lord who made this possible will do more. I also want to identify with the good work that has been done,” he said.

Prof. A. Alalade of Afe Babalola University, Ado Ekiti, and Babcock’s former Vice Chancellor, described the book as a celebration of wisdom, knowledge and divine inspiration.

Dr Ojewole, who thanked his guests for their support singled Pastor Joseph Ola, Elder Dike Emmanuel, Dr Deji Adeleke, Professor J.A. Kayode Makinde, his late father, mother and wife for being part of his life.

Babcock’s Vice President, Student Development, Dr Janet Ola and husband, Dr. Joseph Ola were also present and Vice President, Development and Strategy, Elder Olukunle Iyanda also supported the book launch with unspecified amounts. CEO Babcock Consulting, Prof. Ekundayo Alao said the book was already a recommended text for one of the General studies courses. He was also there with his spouse.

Others were the Associate Vice President, Enrollment and Records, Pastor Hakeem Smith, Director of Facilities, Abidemi Oyinloye, Director of Physical Planning, Architect Mykell Jegede and wife, as well as chairman, Nigeria Institute of Architects, Rivers State, Dike Emmanuel and Africa’s Marketing Director GSK, Reuben Onwubiko, who anchored the event.



Olomojobi

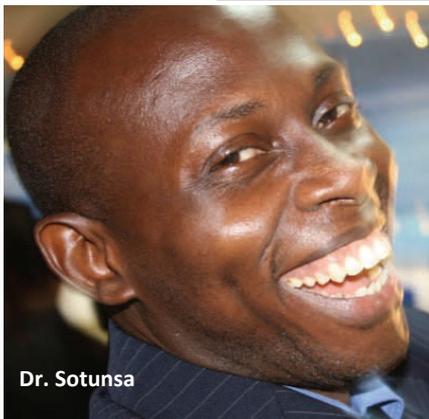


Fred Donn



A good cause: Pastor Ojewole and spouse, Funso at the event with Arch Emmanuel

## VIBRANT HEALTH



Dr. Sotunsa

Dear Dr. Sotunsa,

A friend has ovarian cyst and is worried that it can affect fertility. What is the cause and how can it be cured?

- Concerned staff

Ovarian cysts may be benign or malignant, which means they could be harmless or life threatening. The most common type is the follicular cyst which forms from the abnormal growth of a follicle during the menstrual cycle and does not open to release the egg.

This cyst may contain blood or fluid and may resolve spontaneously over days or months.

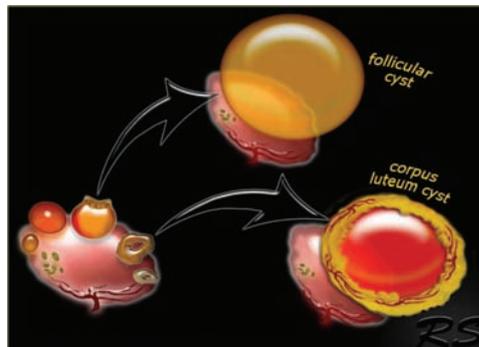
Another cyst that is related to the menstrual cycle is the corpus luteum

**cyst.** This occurs when the corpus luteum, (an area of tissue within the ovary that forms after the release of an egg from a follicle), doesn't breakdown. Usually when pregnancy does not take place, the corpus luteum breaks down and disappears.

It may fill with fluid or blood and persist as a cyst on the ovary. Usually, this cyst is on only one side and has no symptoms. Sometimes, hormonal problems may trigger a condition known as polycystic ovarian syndrome (PCOS) characterized by multiple cysts within both ovaries. PCOS is the most common cause of female infertility.

Ovarian cysts are not dietary based. At high risk are persons with histories of breast or colon cancers in the family.

Prevention is only through regular screening and abdominal examination. Most ovarian cysts do not have a pre-malignant stage. In this environment, most are detected in stages 3 and 4 which is already very advanced and late. Women from ages 40 and above should begin screening.



### FAST FACTS

#### Did you know that

- A normal ovary has over two million primary oocytes at birth, about 10 of which mature each menstrual cycle?
- Of the 10 follicles that begin to mature, only one becomes the dominant follicle measuring 18-20 mm by mid-cycle?
- When it ruptures to release the oocytes, the other nine follicles become fibrous?
- After the release, the dominant follicle collapses, and the granulosa cells in the inner lining proliferate and swell to form the corpus luteum of menstruation?

Source: [www.radiologyassistant.nl/](http://www.radiologyassistant.nl/)

## COMING EVENTS

### MARK YOUR CALENDARS

Oct 21 - 25

### MID-SEMESTER EXAMINATION

Oct 26 - 31

### WEEK OF SPIRITUAL REVIVAL

The Spiritual Life Division will lead in a week-long revival programme. Facilitators are President of the Rivers Conference, Dr Dave Onyekwere, and Pastor Eddy Ewoh.



Main Campus: Sports Complex

Iperu Campus: Main Auditorium

Time: AM 6:30 - 7:45

PM 6:30 - 7:3

Nov. 3

### PRESIDENT'S MEDIA DINNER

The University's administration hosts Education correspondents and family.

Nov 4

### ON-LINE PRE REGISTRATION

#### PORTAL OPENS

Nov 7

#### TOWN AND GOWN

Babcock meets with the members of the Ilishan host community to share thoughts on areas of mutual interest.

Venue: Ilishan Town Hall.