



## Our Mission

- Building leadership through Christian education; transforming lives, impacting society for positive change.

## Our Vision

- A first-class Seventh-day Adventist institution, building servant leaders for a better world.

## Our Core Values

- Excellence
- Integrity
- Accountability
- Servant Leadership,
- Team Spirit
- Autonomy & Responsibility
- Adventist Heritage

## QUOTE OF THE WEEK

“Life is a dream for the wise, a game for the fool, a comedy for the rich, a tragedy for the poor.”

- Sholom Aleichem

## PICTURE OF THE WEEK



Catching them young: Dr Ashipa assists a young pupil to get the message across in the classroom.

## GLOBAL HANDWASHING

It is a brand new day in Ilishan community as the Infectious Control Unit of the Babcock University Teaching Hospital, BUTH, takes the message of personal hygiene to three schools.

The event is part of activities marking this year's Global Hand Washing Day, October 15, 2013. Themed, *The power is in your hands*, the day provided a hands-on teaching opportunity for Dr Charles Elikwu and his team to impact pupils with the benefits of hand washing.

According to him, hand washing with soap at critical times, especially after using the toilet

could reduce the risk of diarrheal by about 45 per cent.

He further explained that “Washing hands before handling food may prevent you from getting sick, but in many countries, it can save your life.”

The team employed songs and art to get the message across to pupils in Ansar-Ur-Deen Nursery and Primary School, Babcock University Staff School and Ilishan High School.

Dr Elikwu, accompanied by Dr Temitope Ashipa, Esther Umahi and Chidimma Aham-Chiabuotu, said the Day was to celebrate a simple behav-

ior that could save lives especially among high risk populations.

Assistant Head Teacher of Ansar-Ur-Deen Nursery and Primary School, Afusat Orekoya, described the enlightenment campaign as positive.

Owolabi Adenaike another teacher in the school, believes the enlightenment through songs “will help reinforce a good habit.”

Ikpeoha Gift of the BUSS said the exercise will prevent diseases and save lives. “It is a welcome idea especially if the pupils put it into practice in school and at home.”

## INTERNATIONAL COLLABORATION



Babcock and Northumbria faculty and student after a brain storming session

With a Memorandum of Understanding already in place, Babcock Senior Vice President, Prof. Iheanyi Okoro last week received a team from Northumbria University.

The team led by the NU International Recruitment Manager, Neil Slater also had in attendance, the Director of International Development and Recruitment, Debra Morgan and Femi Adebayo of Davon Consulting.

Expectedly, the visit further strengthens capacity building and exchange programmes between both institutions.

Besides the strong brand factor the relationship is expected to increase the unique selling points of the two universities especially in the areas of nursing and public health.

Other areas of collaboration include student graduate faculty sabbatical programmes.

Babcock Director for Research and International Cooperation, Prof. Grace Tayo expressed delight at the opportunity to partner with NU.

## BUILDING MUTUAL RELATIONSHIPS

The chapel seminar of the School of Basic and Applied Science (BAS) recently provided ample opportunity for interaction between faculty and students.

The students said the seminar offered a solution seeking framework to challenges within and outside the classrooms. They said while the concept of working in small groups was generally agreeable, there were other areas which needed to be addressed both in academics and the halls of residence.

Even so, Ogunbanjo Olaleye, a 400 level student of Agriculture, said the mutual cooperation amongst students in his department is a lever to enhancing their knowledge sharing strategy. "We realize that nobody is an island and in the

course of our interaction, we learn from each other," he remarked.

Moses Ayua, third year Computer Technology student affirmed that the small group method is also working in their

favour especially as it encourages cooperative learning and ideas sharing.

A faculty member of the Biosciences and Biotechnology department, Dr Ayandiran Aina said although cooperative learning is the new paradigm in academics, "this should be confined to hall of residences or at home; not in examination halls, quizzes or tests."



Getting it right: Student participants at the chapel seminar.

Chapel Seminar Coordinator, Kehinde Daniel said he was glad the School harvested meaningful contributions and ideas during the interactive session with the students.

"Besides hearing their needs first hand, it opened our eyes to areas of improvement," he said.



Students in Free Enterprise pose at the end of 'Era of Empowerment' programme

## ENTREPRENEURSHIP TRAINING

Amid growing concerns of youth unemployment and over dependence on white collar jobs, the Babcock chapter of Students in Free Enterprise, SIFE ENACTUS, flagged off its 2013 project themed, **'Era of empowerment'** to encourage youth entrepreneurship.

The opening programme held October 20 at the Pioneer Church, had

more than 130 student participants and faculty from the Babcock Business School as well as alumni members of SIFE. Among these were: Adams Bello, currently the head of the business unit for Viniks Consulting, Lagos and CEO of Adamsbell Consulting and Taiwo Ayerin, currently a project manager of Arik. Together with Ukeme Umoh and Ilee Karen, they facilitated several ses-

sions of the business training.

The training covered various aspects comprising:

- Entrepreneurship attitude
- Difference between a business idea and opportunity
- Idea conceptualization
- How to write award-winning business plan and proposal

Participating departments drawn from the six departments in the BBS, are expected to use the N60,000 take-off capital to set up a company and manage a Babcock-compliant business venture- product or service and make profit within 30 days.

With this in place, the SIFE ENACTUS executive signed up a business contract with participating departmental presidents and other stakeholders.

The winner team will be honoured at the grand finale of the competition holding November, based on its ability to translate the capital into a thriving, profit-driven business.

## MARK YOUR CALENDAR

**Oct 26 - 31**

### WEEK OF SPIRITUAL REVIVAL



The Spiritual Life Division-led week-long revival programme continues. Facilitators are President of the Rivers Conference, Dr Dave Onyekwere, and Pastor Eddy Ewoh.

**Main Campus:** Sports Complex

**Iperu Campus:** Main Auditorium

**Time:** AM 6:30 - 7:45

PM 6:30 - 7: 30

**Nov. 3**

### PRESIDENT'S MEDIA DINNER

The University administration hosts Education correspondents.

**Nov 4**

### ON-LINE PRE REGISTRATION

### PORTAL OPENS

**Nov 7**

### TOWN AND GOWN

Babcock meets with members of the Ilishan host community to share

thoughts on areas of mutual interest.

**Venue:** Ilishan Town Hall

**Nov 17 & 24**

### TELE-MATCH SEASON 2

The second edition of the annual sports an entertainment programme, Tele-Match designed to impact students through healthy contests unfolds.

**Venue:** Babcock University Stadium

## VIBRANT HEALTH



Dr. Jagun

Dear Doctor,

How do I advise my students on proper care of their eyes?

Mrs B.O

Dear madam,

The eyes are one of the five sense organs and are responsible for sight. In children and young adults, the commonest eye conditions are:

- Ocular allergy
- Infective conjunctivitis

- Trauma: blunt or with open wound
- Measles keratopathy
- Refractive errors: myopia (short-sightedness), hyperopia, astigmatism
- Cataract/ Glaucoma : congenital or developmental
- Other congenital abnormalities.

Healthy habits for good eyes include:

1. Eating carrots, broccoli, spinach, bell pepper (tatasha) and sweet potatoes which act as antioxidant and reduce future risk of macular degeneration.
2. Eating foods rich in omega-3 oils such as sardines, tofu, salmon, walnuts, flax seeds.
3. Ensuring completion of immunization up to age five. Vitamin A and measles immunization have greatly reduced cornea blindness in children.
4. Consciously blink while using the computer, phones and other electronic devices to prevent dryness of the eyes.

5. Avoiding reading with dim light as this can cause eye strain.

6. Avoiding looking directly into bright light

7. Using ultraviolet protective sunglasses and not just darkened glasses. Prolonged exposure to UV rays can cause cataract, pterygium and macular degeneration.

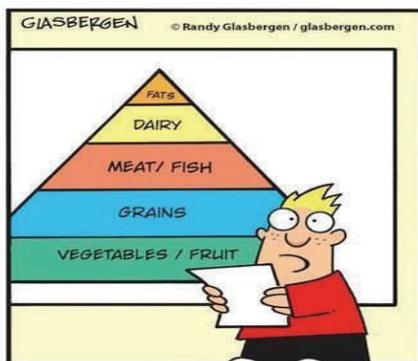
NEVER apply the following to the eyes !!  
Onion, urine, breast milk, camphor, naphthalene, sugar, salt or battery water as they will cause blindness.

In case of an accidental spill or splash of chemical into the eye, irrigate continuously with clean water ONLY! Then visit the ophthalmologist immediately.

Thanks for your question.



### CARTOON OF THE WEEK



"The first Food Pyramid was built in ancient Egypt by a Pharaoh who hated vegetables so much he buried them at the bottom."

WE ARE ON THE WEB: Check us out in our new look website: [www.babcockuni.edu.ng/](http://www.babcockuni.edu.ng/)

### AMAZING FACTS ABOUT THE EYE

Did you know that:

- Your eye colour is controlled by the level of melanin in your iris?
- Your eyes contain 107 million light-sensitive cells which make up the retina?
- The cone cells detect colour while the rods detect low light vision?

- 20/20 vision just means your vision is normal? If you wore glasses which flipped images upside down, your brain would correct your vision?
- You blink 17 times per minute, 14, 280 times in a 14-hour day and 5.2 million times a year?
- You blink more when talking?